



Vocational Peer Support Services

...designed to provide support to individuals with serious mental illness in their employment journey.

Peers are individuals with lived experience, in recovery, who assist and support individuals seeking or retaining employment. They can provide non-clinical, personal experience to support consumers. They can address issues such as mental health self-management, sobriety, stressors, triggers, medication management, and disclosure of disability.

Counselors can make referrals for peer support services for consumers that are returning to work to address issues that impact the consumer obtaining employment. Peer support services can also help consumers maintain employment by offering continuous support throughout the 90 days of employment.

Community rehabilitation providers (CRPs) can contact the liaison counselor to request peer support services if they are serving a consumer with serious mental illness that lives in Jefferson, Blount or St. Clair County. This support is likely to improve employment efforts as peers can provide ongoing support directly related to the mental health issues during job readiness, job development and job retention phases.

Contact Jon Sanders (ADRS Liaison) at 205-290-4482 or jon.sanders@rehab.alabama.gov for more information.

